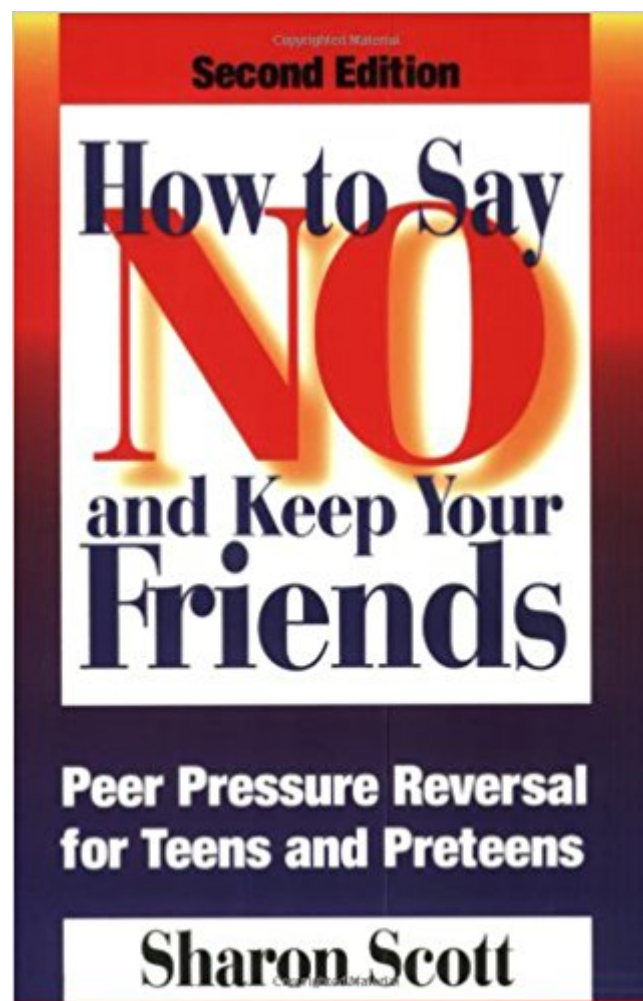




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How To Say No And Keep Your Friends: Peer Pressure Reversal For Teens And Preteens



Synopsis

This practical book for teens and preteens is filled with helpful suggestions, true stories, lively cartoons, and proven effective skills for dealing with all kinds of negative peer pressure. All kids face difficult decisions at some point about things like cheating, fighting, skipping school, stealing, drugs, lying to parents, etc. Sometimes it's hard to just say "no" when their friends are saying "Everybody does it. We won't get caught." New Edition Includes: 13 hard-hitting, true stories of teens who failed to manage negative peer pressure which resulted in loss of privileges, jail, and even death. A new message to kids: "Don't just fit in, stand out!" which empowers them to be independent thinkers. 125 sure-fire refusal lines to use at a moment's notice to handle all kinds of peer pressure. 10 tips to help teens encourage their friends to be drug-free. A special chapter devoted to the most serious peer pressure problems: tobacco, alcohol, other drugs, sexuality, and violence. It offers clear, honest reasons for avoiding these problems and specific ways to say "no" and save face. This all new edition offers a systematic, step-by-step method for dealing with that pressure without putting valuable friendships in jeopardy. It helps teens notice peer pressure happening before it becomes trouble, teaches how to make logical decisions (in 30 seconds or less!), and provides practice on specifically what to say or do to handle the situation.

Book Information

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Age Range: 12 - 17 years

Grade Level: 7 - 12

Customer Reviews

Sharon Scott LLC is a licensed professional counselor and marriage and family therapist whose internationally recognized work has been making a difference in peoples' lives for thirty years. An accomplished training consultant, award-winning author, and global lecturer as well, she specializes in: training programs and keynote addresses for schools, conferences, social service agencies, hospitals, law enforcement, volunteer, and religious organizations and private counseling with two convenient office locations for individuals, families, couples, school-age children and teens. (*Note that this web site is basically about her training/consulting work so please go to the 'counseling' page for more information on her private practice*) Among Sharon's many professional achievements is her PEER PRESSURE REVERSAL program--one of the most highly respected refusal skills programs for children and teens in the nation--which she has personally brought to over one million people across the U.S. and in Australia, Africa, Switzerland, Spain, Canada, Malaysia, Turkey, and Micronesia. Her nine widely acclaimed books include an elementary-series that she 'co-authored' with Nicholas, her savvy Cocker Spaniel! Her guide for teens, "How to Say No and Keep Your Friends, 2nd Edition," became a bestseller. Prior to opening her company, LifeSkills for Positive Living, in 1980, Sharon served as director of the Dallas, Texas Police Department's First Offender Program which became a national model for delinquency prevention. She was also a social worker for Dallas County Department of Human Services counseling thousands of troubled families. Sharon Scott has been honored with numerous awards including the prestigious 2001 "Molly Gerold Human Rights Award" given by the 6,000 member Texas Counseling Association and is the only three-time recipient of their "Professional Writing Award." A frequent TV and radio talk-show guest, she has appeared on CNN and Good Morning Australia and has been quoted by hundreds of media sources including 20/20, Good Housekeeping Magazine, Seventeen, The Washington Post, the Associated Press, Teen Magazine, the British Broadcasting Co., Working Mothers Magazine, Scholastic Choices, The Dallas Morning News, The London Times, and Redbook. She is a clinical member of the American Association for Marriage and Family Therapy and a past president of Northern Metro Counseling Association.

My 11 year old got in trouble at school for prank calling a store with a group of friends at a recess. This was out of character for her and when asked why she chose to participate she said she was afraid her friends wouldn't like her if she didn't do it too - classic case of peer pressure. Thus I went searching for a book that could help us open a dialogue to discuss peer pressure and how to handle it. We read 30 minutes together every night and discussed each passage in detail (What happened, what could the teen have done differently etc.). Every night she would want to read more than the

30 minutes together. Even had grandma, dad, and younger siblings gravitate to the reading room and participate. This book is so easy to read and understand with great situational examples. The book offers easy tools for teens to put into play immediately. I can't recommend this book enough.

I read this book in 10th grade when I found it in a used book store and found the advice in it to be sound and helpful.

I gave this to my grandson, as he's entering 6th grade and is already quite well acquainted with peer pressure situations. I wrote a note to him inside the front cover....suggesting he always talk to his parents, but that he might get some pointers from this book as well.

Bought this from my granddaughter and she shared that she had found some good ideas in it.

good book

This is an important read for teens and preteens to learn how to say "no" to all kinds of potential trouble invitations from peers such as gossip, cliques, lying, cheating, drinking, pranks, fighting and so much more! The author has an extensive background in working with teens and preteens and is well versed in communicating in interesting--and even funny--ways so that kids will read this book. Parents, buy this book for your child! It could really help them in making wise choices and learn how to say "no" and "save face."

I like this book because it tells and teach stories about Negative Peer- Pressure, how Drugs aren't good for you, also Violence, Alcohol, Sex, and other. It also tells you the right rout to take, tells you that Alcohol can get you in really big trouble, and if you know anyone that drinls Alchol stay away from them casue it can lead to really bad danger. Also to always have your eyes open to every step you take by yourself or with your friends, cause your friends might want you to go the same path their going, and you can be setting yourself up to get in trouble. So it tells to look and listen and to say no to your friends and keep them at the same time.

I found this book very helpful in learning all about the different peer pressures that occur today. I thought the true stories were a great addition and made for a more interesting read. It really is a great book to read to learn more about how to say no to peer pressure and still keep your friends.

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